



**Lifespan** *Delivering health with care.®*

# Infectious Diseases

## Long Covid Clinic

Patients with Long Covid have symptoms that persist after their initial infection for four weeks or more. Symptoms can last for months and possibly years. The most common symptoms are fatigue, difficulty breathing or shortness of breath, difficulty concentrating or performing tasks, headache, sleep problems, joint/muscle aches, and many, many others. [The CDC's website has some good but brief information \[https://www.cdc.gov/coronavirus/2019-ncov/long-term-effects.html\]](https://www.cdc.gov/coronavirus/2019-ncov/long-term-effects.html).

### Referrals Required

To be scheduled in our clinic, patients must be referred by a provider and have a documented history of Covid and positive test. They cannot be self-referred. This is because symptoms of Long Covid are not specific and can occur in a large number of other common medical conditions.

### Notes for Referring Providers

Acceptable tests are positive PCR or antigen test and/or positive antibody test obtained prior to vaccination. Antibody testing after vaccination must be testing for antibodies to the nucleocapsid protein, not the spike protein (since vaccines will elicit this response regardless of natural infection).

In LifeChart (Epic), the SARS-CoV-2 IgG tests for antibody against the nucleocapsid protein, whereas the SARS-CoV-2 IgG/IgM tests for antibodies against the spike protein.



## Make an Appointment at the Long Covid Clinic

To schedule an appointment or inquire about a referral at the Long Covid Clinic, please call **401-793-4020** [<https://www.lifespan.orgtel:401-793-4020>].

Lifespan Long Covid Clinic  
180 Corliss St, Third Floor, Suite E  
Providence, RI 02904

**Hours of Operation**

Monday–Friday, 8 a.m. – 4:30 p.m.  
Closed on weekends and all major holidays.



## Long COVID: Signs, Treatment and Research

“Long COVID” is the term for people diagnosed with [coronavirus](https://www.lifespan.org/centers-services/coronavirus-covid-19) [<https://www.lifespan.org/centers-services/coronavirus-covid-19>] and whose symptoms last for four weeks or more after their initial infection.